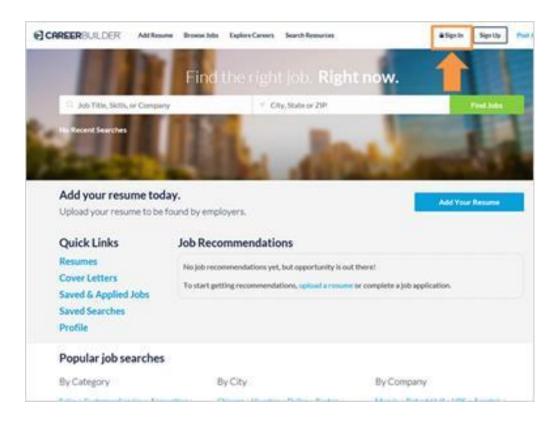
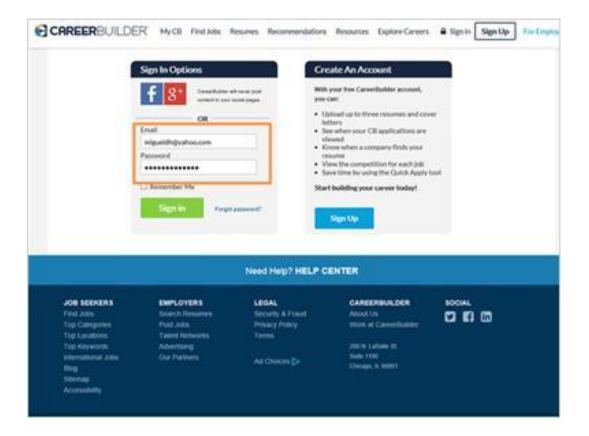


Logging In and Recovering Passwords



Once you have created an account on a website, you can access your account by logging in, which is also called signing in. To sign in to your account, look for a link or button in the top right corner of the website.





To sign in, you'll need to type in a username or email address and a password. Make sure they are spelled and capitalized correctly.





If you've forgotten your password, or your password isn't working, there are several ways to reset the password. Miguel can click on the link "Forgot Password" to see what his choices are.





Depending on the website, you may have different choices for resetting your password. Click on each option to learn more.

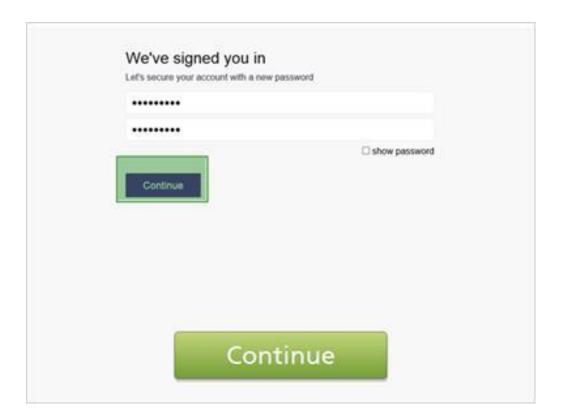




To reset your password by email, you must be able to access the email address associated with your account. When you select this option, an email message will be sent to that email address.

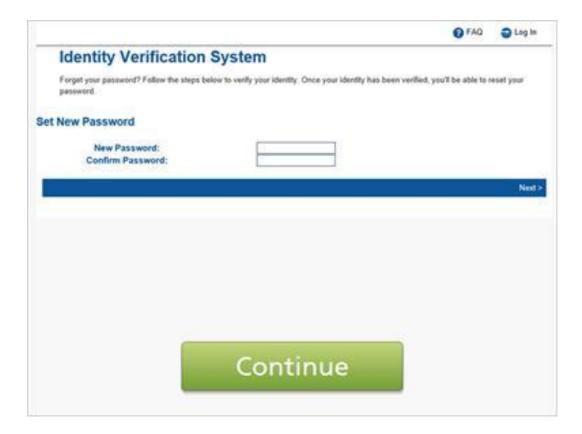
Miguel logs in to his email to find a new message. The message usually contains a link or code to reset your password. Follow the instructions in the email message to choose a new password.





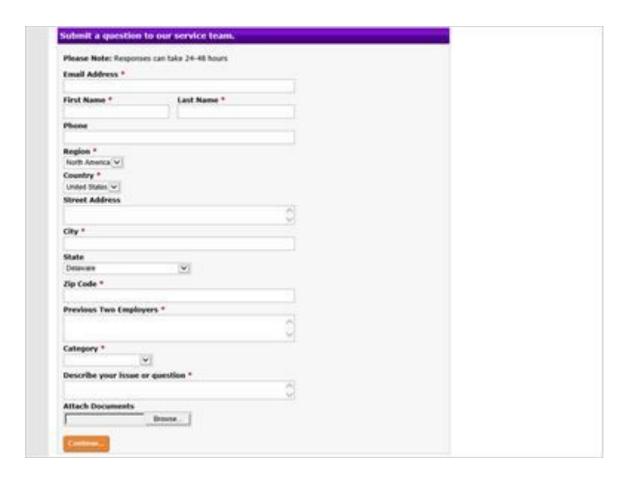
To reset a password by phone, you must have access to the phone number associated with the account. Then the website will either send a text message with a code or call the phone with an automated voice message reading a code. Type that code into the box on the website. This verifies that you are really the owner of the account. Then choose a few password.





Sometimes you can reset a password by answering your security questions. These questions were selected when you originally set up your account. Your answers must be exactly the same as your original answers for this to work. Next, choose a new password.





If none of these methods work you may have to contact the company that you have an account with. For example you might do this if you no longer have access to the email or phone number associated with your account.





Can you help Miguel log into this account? Type the password and click sign in.





Good job! Now Miguel can access his account on this website.

